

“Herbs to the Rescue for Birds”

Herbal Remedy

NSP Product Alternative

NSP Stock # (U.S.)

Aloe Vera gel	Aloe Vera gel	1679-2
Aloe Vera juice	Aloe Vera juice	1680-4
Astragalus	Astragalus	40-1
Cayenne	Capsicum bulk powder shaker (2/3 oz.)	166-7
Chamomile	Capsicum capsules	160-5
Digestive Enzymes (plant-based)	Chamomile	190-7
Echinacea	Proactzyme Plus	1525-0
Echinacea extract	Echinacea Purpurea	263-8
Essiac	Ultimate Echinacea (2 fl. oz.)	3181-2
Eyebright	E-Tea	1360-4
Feverfew	Eyebright	260-3
Garlic	Feverfew	288-1
Ginger	Garlic	290-0
Ginkgo biloba & Hawthorn berry	Ginger	300-6
Goldenseal	Ginkgo & Hawthorn Combination	909-3
Hawthorn Berry	Echinacea/Goldenseal (2 fl. oz.)	3180-1
Lactobacillus Acidophilus	Hawthorn Berries capsules	370-3
Licorice root	Hawthorn Berries (2 fl. oz.)	1760-0
Marshmallow	Acidophilus	1666-7
Mullein	Licorice Root	420-6
Olive Leaf	Marshmallow	440-0
Oregon Grape	Mullein	460-7
Pycnogenol	Olive Leaf	204-7
Slippery Elm	Oregon Grape (2 fl. oz.)	3395-9
Valerian root	Grapine, High Potency	1699-3
	Slippery Elm bulk powder (7 oz.)	1391-2
	Slippery Elm capsules	670-7
	Valerian Root	720-0

Disclaimer: No information herein is intended as a diagnosis, prescription or treatment nor is it meant to replace the medical services of a veterinary professional.

Herbs to the Rescue for Birds

Herb Allure

A GUIDE TO NATURAL, EFFECTIVE HERBAL REMEDIES

Antibiotic and Coat

Feed your bird **Chester**. Fresh or frozen or bottled black cherry juice can help coat your bird's digestive tract. Herbs that help reduce high acid levels include licorice root, slippery elm, and marshmallow. High acid levels may lead to the development of gout. In addition, when acid crystals start to accumulate in the joints, inflammation occurs. Substances that cause inflammation from among the joints. For the same reason, you can give a **herb-based supplement of berry extract**. Berries contain other body processes as well as anti-acid production. Researchers have found that they help in tissue building and can prevent the onset of some respiratory and prostate inflammation. Dose: "lightly sprinkle a small pinch on food." **Celery seed extract** helps the body eliminate acid and prevents it from reacting. Critical levels that prevent inflammation and pain. **Nettle** can be used as a natural substitute to help inflammation of the joints. It also will help lower acid levels.

Herb Allure is an excellent resource for bird owners. It provides a comprehensive list of herbs and their uses, along with recipes for various ailments. The book is written in a clear, easy-to-understand style and is a valuable addition to any bird owner's library.

To order copies of *Herbs to the Rescue for Birds* pet health chart, contact:

Herb Allure

Toll Free 800-358-HART (4278)

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